

2011 State Profile — Maryland

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Maryland, 349 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 38,792 clients in substance abuse treatment on March 31, 2011. The survey response rate in Maryland was 94.2%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	136	39.0	13,202	34.0	553	31.6
Private for-profit	153	43.8	17,607	45.4	423	24.2
Local, county, or community government	24	6.9	3,281	8.5	235	13.4
State government	27	7.7	3,573	9.2	535	30.6
Federal government	9	2.6	1,129	2.9	5	0.3
Dept. of Veterans Affairs	2	0.6	803	2.1	0	0.0
Dept. of Defense	5	1.4	285	0.7	5	0.3
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	2	0.6	41	0.1	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	349	100.0	38,792	100.0	1,751	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	251	71.9	30,785	79.4	1,311	74.9
Mental health services	8	2.3	175	0.5	43	2.5
Mix of mental health & substance abuse treatment services	83	23.8	7,547	19.5	397	22.7
General health care	5	1.4	268	0.7	0	0.0
Other/unknown	2	0.6	17	0.0	0	0.0
Total	349	100.0	38,792	100.0	1,751	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011		
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	310	92.0	14,193	36.6	298
Clients with drug abuse only	278	82.5	18,556	47.8	401
Clients with alcohol abuse only	255	75.7	6,042	15.6	127
Total²	337		38,791	100.0	827

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	289	82.8	35,993	92.8	67	1,624	92.7
Regular	262	75.1	16,302	42.0	38		
Intensive	150	43.0	3,760	9.7	13		
Day treatment/partial hospitalization	15	4.3	127	0.3	1		
Detoxification	53	15.2	432	1.1	0		
Methadone maintenance	62	17.8	15,372	39.6	228		
Residential (non-hospital)	74	21.2	2,326	6.0	20	80	4.6
Short term	28	8.0	459	1.2	12		
Long term	68	19.5	1,739	4.5	15		
Detoxification	16	4.6	128	0.3	3		
Hospital Inpatient	16	4.6	473	1.2	11	47	2.7
Treatment	13	3.7	374	1.0	13		
Detoxification	16	4.6	99	0.3	4		
Total	349		38,792	100.0	57	1,751	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	57	4.8
Clients in Facilities with OTPs		
Methadone	16,166	97.9
Buprenorphine	343	2.1
Total	16,509	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	323	92.6
Private health insurance	203	58.2
Medicare	84	24.1
Medicaid	209	59.9
Other State-financed health insurance	133	38.1
Federal military insurance	75	21.5
Access to Recovery (ATR) vouchers ²	N/A	N/A
Accepts HIS/638 contract care funds	4	1.1
No payment accepted	10	2.9
Accepts other payments	4	1.1
Sliding fee scale	218	62.5
Treatment at no charge for clients who cannot pay	148	42.4

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Approval, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	334	95.7
State substance abuse agency	306	87.7
State mental health department	126	36.1
State department of health	210	60.2
Hospital licensing authority	20	5.7
The Joint Commission	82	23.5
CARF ²	57	16.3
NCQA ³	8	2.3
COA ⁴	9	2.6
Other State/Local Agency/Org	20	5.7

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	179	51.3

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	345	98.9
Screening for substance abuse	334	95.7
Screening for mental health disorders	232	66.5
Comprehensive substance abuse assessment or diagnosis	322	92.3
Comprehensive mental health assessment or diagnosis	124	35.5
Screening for tobacco use	188	53.9
Outreach to persons in the community who may need treatment	187	53.6
Interim services for clients when immediate admission is not possible	138	39.5
Testing	340	97.4
Breathalyzer or blood alcohol testing	304	87.1
Drug or alcohol urine screening	334	95.7
Screening for Hepatitis B	122	35.0
Screening for Hepatitis C	123	35.2
HIV testing	113	32.4
STD testing	85	24.4
TB screening	173	49.6
Counseling	347	99.4
Individual counseling	342	98.0
Group counseling	332	95.1
Family counseling	299	85.7
Marital/couples counseling	209	59.9
Transitional Services	338	96.8
Discharge planning	330	94.6
Aftercare/continuing care	305	87.4
Pharmacotherapies	183	52.4
Medications for psychiatric disorders	116	33.2
Nicotine replacement	60	17.2
Campral [®]	58	16.6
Antabuse [®]	75	21.5
Naltrexone (oral)	65	18.6
Vivitrol [®] (injectable Naltrexone)	25	7.2
Buprenorphine	124	35.5
Subutex [®] or generic	69	19.8
Suboxone [®]	121	34.7
Methadone	74	21.2
Non-nicotine smoking/tobacco cessation medications	38	10.9
Ancillary Services	348	99.7
Case management services	254	72.8
Social skills development	219	62.8
Mentoring/peer support	149	42.7
Child care for clients' children	19	5.4
Assistance with obtaining social services	207	59.3
Employment counseling or training for clients	128	36.7
Assistance in locating housing for clients	146	41.8
Domestic violence	119	34.1
Early intervention for HIV	127	36.4
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	234	67.0
Hepatitis education, counseling, or support	174	49.9
Health education other than HIV/AIDS or hepatitis	204	58.5
Substance abuse education	335	96.0
Transportation assistance to treatment	127	36.4
Mental health services	203	58.2
Acupuncture	38	10.9
Residential beds for clients' children	11	3.2
Self-help groups	170	48.7
Smoking cessation counseling	103	29.5

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	340	97.4
Relapse prevention	327	93.7
Cognitive-behavioral therapy	327	93.7
12-step facilitation	269	77.1
Motivational interviewing	296	84.8
Anger management	263	75.4
Brief intervention	287	82.2
Contingency management/motivational incentives	202	57.9
Trauma-related counseling	200	57.3
Rational emotive behavioral therapy (REBT)	185	53.0
Matrix model	104	29.8
Community reinforcement plus vouchers	41	11.7
Other treatment approaches	41	11.7

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	68	11
Number of clients ²	2,277	391
Number of designated beds	2,662	350
Utilization rate (%)	85.5	111.7
No. of designated beds/facility (avg.)	39	32

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	296	84.8
Co-occurring disorders	146	41.8
Adult women	138	39.5
Adolescents	83	23.8
DUI/DWI offenders	144	41.3
Criminal justice clients	87	24.9
Adult men	123	35.2
Pregnant or postpartum women	51	14.6
Persons with HIV or AIDS	42	12.0
Seniors or older adults	27	7.7
Lesbian, gay, bisexual, or transgender clients (LGBT)	22	6.3
Other groups	42	12.0

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	56	16.0
Any language other than English	99	28.4
Non-English Language Provided by:		
On-call interpreter only	37	37.4
Staff counselor only	33	33.3
Both staff counselor and on-call interpreter	29	29.3
Languages Provided by Staff Counselor:¹		
Spanish	58	93.5
American Indian/Alaska Native languages	0	0.0
Other	17	27.4

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

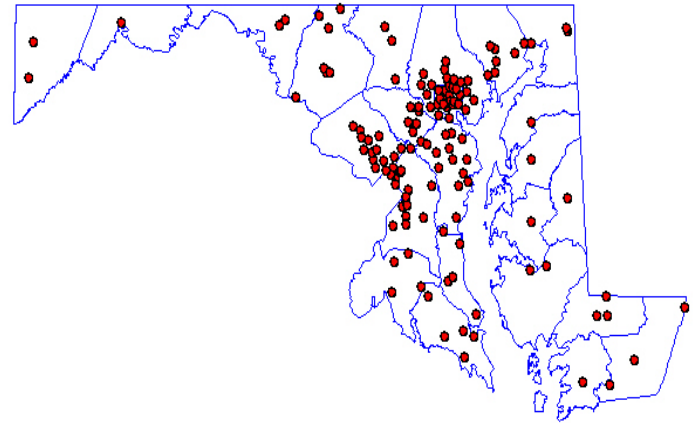
Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>